


Crisis Services for Clients Enrolled with the Developmental Disabilities Administration

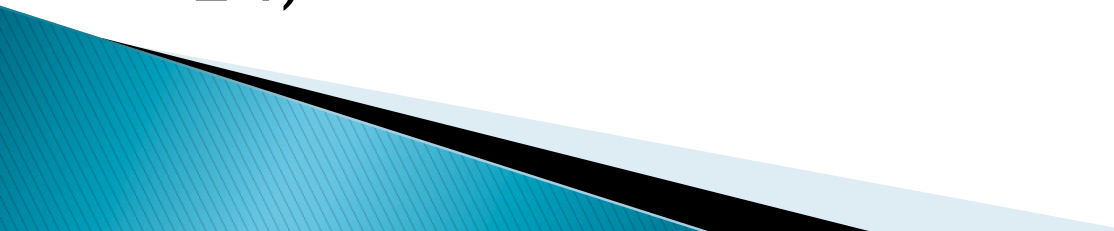
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Litigation and Legislation

DDA *before*


Litigation and Legislation

- ▶ Limited mental health/behavioral health treatment options in the community.
 - ▶ No specialized treatment in state hospitals.
 - ▶ Low rate of hospitalization, but high rate of seclusion, restraint, and PRN usage.
 - ▶ Over 200 DDA enrolled clients in state hospitals in the 1990's...now average 30-40.
 - ▶ Prolonged length of stay in hospitals.
 - ▶ Limited options for community placement.
 - ▶ Limited expertise in DDA Regions to address clients with behavioral health issues.
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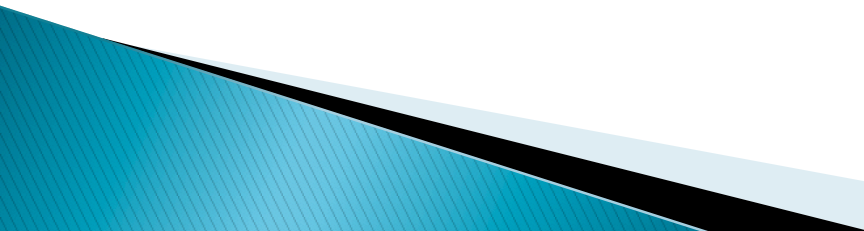
- ▶ Allen Lawsuit (Western State Hospital, 1997)
 - Settled/dismissed 7/1/2009 (12 years)
 - ▶ Marr Lawsuit (Eastern State Hospital, 1999)
 - Settled/dismissed 5/14/2012 (14 years)
 - ▶ Allen/Marr Settlement Agreements
 - ▶ 2.2m in funding for community placements (2003)
 - ▶ Senate Bill 5459
 - ▶ Substitute Senate Bill 5117 to establish intensive in-home supports (now RCW 71A.24)
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DDA Crisis Services

As a result of Allen/Marr...

- ▶ Collaborative MOU between DDA and State Hospitals.
 - ▶ Habilitative Mental Health Units at State Hospitals.
 - ▶ DDA Clinical Health Teams in each region:
 - Psychologists
 - Nurse Practitioners
 - Behavior Technicians
 - ▶ Intensive Mental Health Case Management.
 - ▶ Crisis Diversion and Stabilization Contracts.
 - ▶ Outplacement Funding.
 - ▶ Quality Assurance/Internal Monitoring.
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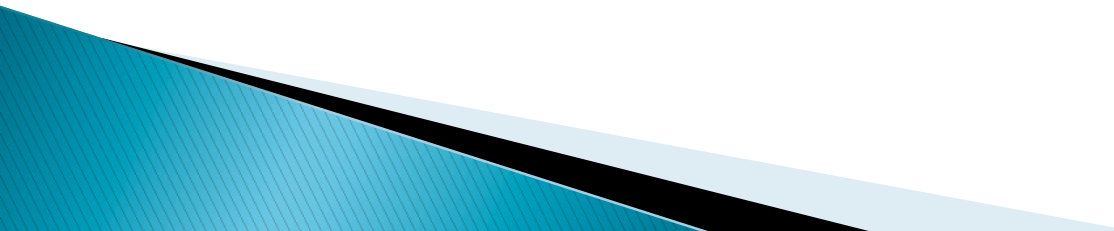
As a result of SSB 5117 in 09–10

- ▶ 04/23/2009: Governor Gregoire signed SSB 5117 to establish intensive behavior supports for children in their family home.
 - ▶ 05/01/2009: Effective date for the federal Centers for Medicare and Medicaid Services approval of the **Children's Intensive In-home Behavioral Support Waiver**. *Renewed 9/1/2012.*
 - ▶ Introduction of a new waiver program model utilizing *wraparound facilitation of child and family teams* and *contracted in-home behavior specialists and technicians* along with additional services package
 - ▶ Emphasis on family and youth direction and team-based collaboration building on the strengths of families
 - ▶ Emphasis on support to the family system
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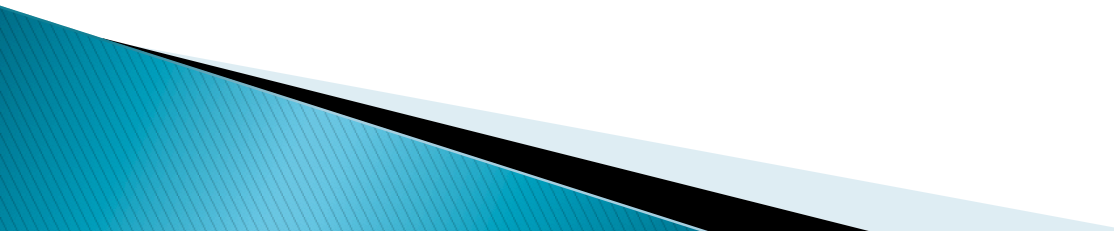
As a result of 2SSB 5459...

- ▶ Regional Clinical Team
- ▶ Children's Enhanced Respite
- ▶ Children's Community Crisis Stabilization Service

Regional Crisis Team (RCT)

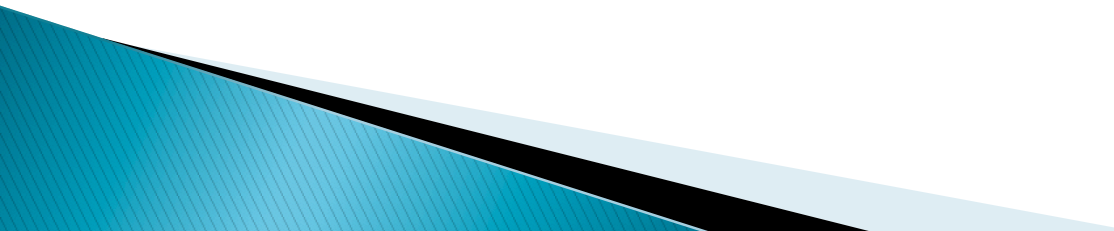
- ▶ Region 3
 - ▶ Additional Staff
 - ▶ RCT Coordinator Role
 - ▶ Data
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Children's Enhanced Respite

- Provides short-term respite (not to exceed 30-days in a calendar year) in a licensed staff residential home.
 - Behavioral stabilization.
 - Goal for child to remain in the family home.
 - Development of an Individual Service Plan (ISP), Functional Assessment (FA) and a Positive Behavior Support Plan (PBSP).
 - Determine eligibility for Home and Community Based Services (HCBS) Waiver and other DDA services.
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Community Crisis Stabilization Service (CCSS)

A state operated, community based program that provides short term supports to *DDA enrolled* participants who are in crisis and/or who are at risk of hospitalization or institutional placement.

- Length of stay not to exceed 180 days.
 - Focus is on stabilizing the participant in their own home, family home, or community home.
 - Initial stabilization services are provided in the CCSS program. However, stabilization may continue in the participant's home.
 - Identify , through assessment and collaboration with the Participant's Team, ongoing support needs, and develop plans to address these needs so that participants can reside in their home community.
 - Ideally, work will begin with the participant and family or provider prior to the participant transferring to the program.
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Key Services Provided in CCSS

Individualized assessment and specialty treatment.

Collaborative treatment planning with the Participant's Team, including family, guardian and agency providers (including DDA Case Manager).

Assessments, as needed:

- Nursing
- Psychological/Behavioral
- Psychiatric/Pharmacological
- Other Specialty Services (Occupational and Physical Therapy, Nutrition, Environmental/Sensory etc.)

Intensive Treatment for:

- Behavior Change, Psycho-Social Skills, Self-Management

Service Planning for:

- Functional Assessment and Positive Behavior Support Plan
- Cross Systems Crisis Plans
- Nursing Care Plans
- Occupational and Physical Therapy
- Dietary/Nutrition
- Environmental/Sensory

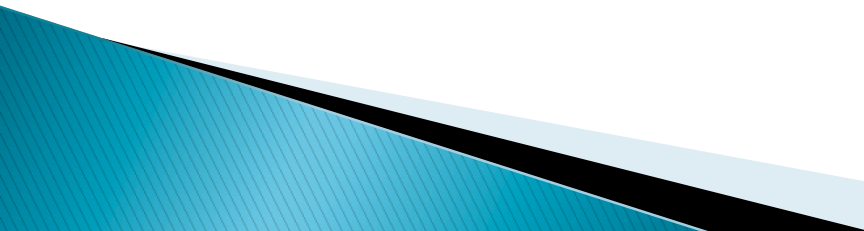
Transition Planning/In-Home Supports:

- Staffing support by Behavior Technicians in home during transition to model, train, and coach family members or agency providers on implementation of plans.
- Identify barriers to plan implementation in the home and work with the participant team to reach successful outcomes.

Treat the Child

Support the Family

CCSS and Enhanced Respite

- ▶ Has been determined eligible for DDA services per RCW 71A/10.020 (3).
 - ▶ Is at a high risk of institutionalization and/or out-of-home placement.
 - ▶ Is age 8 or older AND
 - Under 18 for Enhanced Respite
 - Under 21 for Children's CCSS
 - ▶ Referral and review process.
 - ▶ HCBS Waiver application to support community based living (if not already on a waiver).
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Plans for the Future

- ▶ Additional Children's and Adult CCSS Programs.
 - ▶ Additional Enhanced Respite contracts.
 - ▶ Enhance and Support Regional Crisis Teams in all 3 DDA Regions.
 - ▶ Assess outcome data for all 3 programs.
 - ▶ Continued collaboration with state hospitals.
 - ▶ Develop, through contracting, more community resources for DD/Behavioral Health.
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